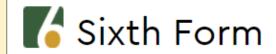


#### Which Week?

This Week: Tuesday 5th Dec (Week 2)
Next Week: Monday 11th Dec (Week 1)



# Inside Kingshurst



**ALMOST** 

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emergency food parcels were provided between 1 April 2022 to 31st March 2023 by the Trussell Trust network

# Xmas Collection for Local Foodbank

For the fourth year running, we again look towards supporting those in our local community through delivering a large food donation to the North Solihull Foodbank

(in Smith's Wood) before the Christmas holiday. This donation comprises of the food and items that our college community are happy to contribute to.

Donations can be given in to the Sixth Form team in the <u>Dining Area EVERY MORNING during registration</u> from Monday or indeed, delivered to the main reception if required by parents and carers—every donation counts! This will then be delivered to the Foodbank in time for it to have impact with our local community for this Christmas. <u>Items needed include: Long life milk, tea, coffee, juice or squash, rice pudding, tinned fruit, tinned meat, tinned soup, pasta sauce, toiletries, toothpaste.</u>



### **Parental Feedback**

As the final month of the first academic term arrive, please find anoth-

er a reminder of the opportunity to offer our parents and carers the chance to provide us with feedback. Your responses are so valuable in providing valuable information for the us to analyse and reflect upon.

We have further streamlined this to make it quicker to complete and be accessed via the hyperlink imbedded below: CLICK HERE TO COMPLETE THE PARENTAL SURVEY

## Staff Training Day Monday 4th December

Students will return us as normal for 8.30am on Tuesday.





## **Careering Ahead**

We were delighted to welcome 60 different organisations into the Academy last week as part of the Academy's Careers Fair, organised by the Careers Team, Mrs Robinson and Mrs Cunningham.

There was an incredible 'buzz' as our Yr10, Yr11 and Sixth Form students made their way around the variety of higher education institutions, employers and training providers collecting prospectuses and sector information, and it was similarly powerful for three of this group of exhibitors to consist of former students from both Collins Aerospace and Tarmac.

At the end of the Academy day we then welcomed parents and carers in addition to every other year to the Careers Fair and thank the everyone involved for, again, making this such a brilliant day in the academic calendar for future plans to be formulated and galvanised.

Website: https://www.kingshurst.tgacademy.org.uk/



#### **National Online Safety: Group Chats**

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

In the guide on page 2, you'll find tips on a number of potential risks such as bullying, inappropriate content and unknown members.

Applications for Sixth Form can be accessed via the following link: https://www.kingshurst.tgacademy.org.uk/sixth-form/apply-online/

## What Parents & Carers Need to Know about



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most popular ways that young people engage with their peers online. involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can WHAT ARE also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed. THE RISKS?



#### BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chatallowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.



This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take the common group which one child doesn't have

#### INAPPROPRIATE CONTENT

#### SHARING GROUP CONTENT

#### UNKNOWN MEMBERS

#### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

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## Advice for Parents & Carers

### CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

#### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

#### GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

#### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

#### BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

#### SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.







**National** Safety® #WakeUpWednesday

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