



Inside Kingshurst



WORLD OF SPORT

Within the academy, we are blessed with students who share a range of interests and abilities in a full range of sporting activities.

Over the course of the last half term, their collective efforts have come to fruition, and it is a privilege to share some of these with you from the last half term as a special focus for this edition of the academy newsletter.

Topflight Football

The Yr9 football team had their final fixture of the Solihull League Cup during mid-March against local rivals, John Henry Newman. It was a game of huge importance with a win ensuring we qualified for the semi-finals. The first half was a real chess match with both teams struggling to break each other down. However, we were confident at half time that we were the better team and would push on in the second half to get a winner. Although we began to dominate possession in the second half, John Henry Newman caught us on the counter and were leading 1-0 with 10 minutes to go. The boys demonstrated real character, showing grit and determination to level the scores with a thumping header from Righteous. In the final moments of the game there was only one team who looked like getting the winner. With a precise through ball from Kean, T'Nuri found himself one-on-one with their keeper. A cool slotted finish in the bottom corner put us 2-1 up with a few minutes left. A huge win against our rivals, which puts us in good stead for the knock-out rounds.

Team Members: L.Henry, C.Callow, J.Coles, T.Darrell-Virgil, R.Constable, S.Hunt, R.Nassiah, T.Weekes, K.Hannon, Z.Graham, S.Hannon, R.Macintosh



Rowing Squad's **O**arsome Result



Just before the Easter break, our Year 8 and Year 9/10 girls represented the academy at the annual indoor rowing competition. Our Year 9/10 girls opened the evening, putting a lot of fight into their performances. Tianna powered to a fantastic 2nd place in her individual race. Sophia, Charlie, and Lacie-Rae gave everything in their individual events, just missing out on top spots, but their determination proved vital for what came next. Joined by Auraya for the relay, the girls combined their efforts superbly to secure 2nd place, which earned them 3rd place overall in the full competition!

Following them were our Year 8 girls, who delivered a dominating showcase of strength and consistency. Cyann claimed an excellent 2nd place finish in her individual race. Brianna, Gracie, and Ava then swept through their events, each taking 1st place individually! With such strong results behind them, the team entered the relay with confidence and they did not disappoint. The girls stormed to 1st place in the relay, securing 1st place overall in the entire competition and proving themselves a force to be reckoned with.

Year 9/10 Competitors: T Berry-Gates, S Sheldon, C Donovan, L Marks, A Thomas-Preece

Year 8 Competitors: C Taylor, B Healy, G Charlton, A Newey-Welch



Runaway Success for the Yr7 and Yr8 Athletics Team

During February our Year 7 and Year 8 students represented the academy brilliantly at the KS3 Athletics event, competing against several other North Solihull schools.

Throughout the day, our students demonstrated outstanding determination, teamwork, and sportsmanship.

Whether competing on the track or in field events, they showed real commitment and supported one another at every stage. Their behavior was exemplary, and they were excellent ambassadors for our school. We are also extremely proud to share the following overall results: **Yr 8 Boys and Girls: 3rd place overall** 🏆

Yr 7 Girls: 2nd place overall 🏆

Yr 7 Boys: 1st place overall 🏆

There were a number of outstanding performances over the course of the competition, and these included the following: **Yr 7 boys relay team (Ricardo, Cohen, Belal and Liam) - 1st Place**

Yr 7 Boys 2 lap race - R Phipps - 1st place

Yr 7 Girls 2 lap race - A Braddish - 1st Place

Yr 8 Boys 2 lap race - Z Douglas - 1st Place

Yr 8 Boys 4 lap race - K Pedro - 1st Place

Yr 8 Girls Shot Put - P Trevis - 1st Place

Yr 7 boys Speed bounce - L Daly - 1st Place



SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

Secondary | April 2026. In this issue: Navigating the news online | Misogynistic influencers

Helping young people navigate news online

Young people today are exposed to more information about the world than any previous generation. News about wars, global conflicts, political events, climate change and social issues appears constantly on social media feeds, video platforms and messaging apps. While staying informed is important, the way many teenagers encounter news can make it difficult to separate reliable information from misinformation, exaggeration or conspiracy theories. For secondary-aged children, much of what they see may not come from traditional news organisations but from influencers, short video clips or posts shared by friends. This means they may receive information that is incomplete, misleading or designed to provoke strong emotional reactions.

Conversation starters for parents and carers

TALKING ABOUT NEWS AT HOME CAN HELP TEENAGERS DEVELOP CRITICAL THINKING SKILLS. YOU MIGHT TRY ASKING:



"Where do people your age usually get their news from?"



"How do you decide whether a news story online is reliable?"



"Have you seen anything online recently that worried you or confused you?"



"Why do you think some posts about world events get shared so widely?"

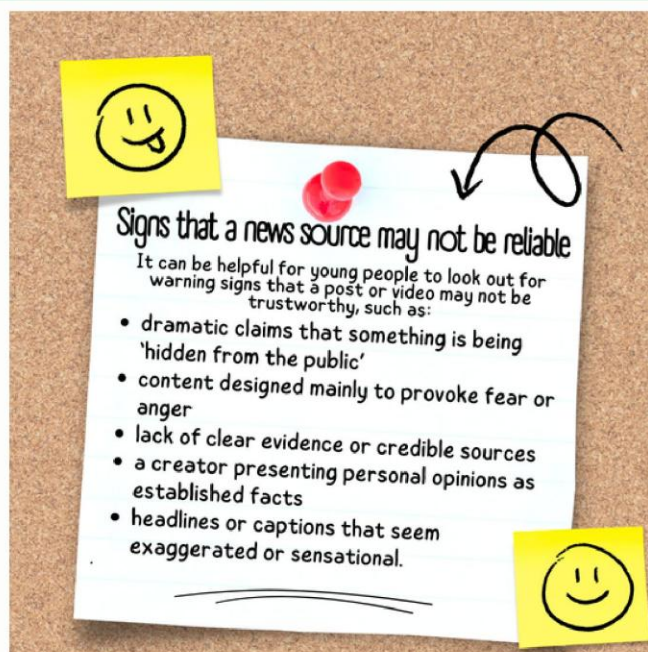


"What do you think makes a source trustworthy?"

Supporting your child

Parents and carers can support their children by:

- encouraging them to check information with more than one source
- watching or reading news together occasionally and discussing it
- helping them understand the difference between opinion, commentary and factual reporting
- reminding them that social media posts rarely show the full picture of complex global events.



Signs that a news source may not be reliable

It can be helpful for young people to look out for warning signs that a post or video may not be trustworthy, such as:

- dramatic claims that something is being 'hidden from the public'
- content designed mainly to provoke fear or anger
- lack of clear evidence or credible sources
- a creator presenting personal opinions as established facts
- headlines or captions that seem exaggerated or sensational.

Where young people may be getting their news

Many young people do not actively search for news. Instead, news often reaches them through:

- short videos on platforms such as TikTok, Instagram or YouTube
- influencers or content creators discussing world events
- posts shared by friends on social media
- online forums, gaming communities or group chats
- memes or edited clips that remove important context.

Why this can be challenging for young people

The fast-paced nature of social media can make it difficult to check whether information is accurate. Some content is deliberately designed to attract attention by creating fear, outrage or shock. This can lead to:

- **scaremongering:** exaggerating events or predicting extreme outcomes
- **misinformation:** sharing incorrect or misleading information without reliable evidence
- **conspiracy theories:** presenting complex global events as secret plots without credible proof.

SPOTLIGHT ON SAFEGUARDING

When 'advice' online isn't what it seems -misogynistic influencers and teenagers

Social media is full of creators offering tips on fitness, confidence, dating and 'self-improvement.' Many of these messages appear harmless at first glance. However, some influencers package harmful ideas about gender inside content that looks like health advice or dating guidance. This can make it harder for young people, and adults, to recognise when the message is unhealthy or manipulative.

When misogyny is disguised as 'advice'

Some influencers frame their content around themes teenagers already care about: confidence, relationships, body image or success. The advice might initially sound motivating or empowering but it can include harmful assumptions about girls and women.

Examples include:

1. 'Self-improvement' or fitness advice

- Encouraging boys to get stronger, richer or more confident in order to dominate women or control relationships.
- Suggesting men must be 'alpha' while women should be submissive or 'know their place'.
- Framing emotional expression or kindness as weakness.

2. Dating advice

- Teaching boys that girls are manipulative, shallow or only interested in money or status.
- Encouraging strategies to 'control' or 'test' girls in relationships.
- Promoting the idea that respect and equality are signs of weakness.

3. Lifestyle or success content

- Presenting rigid ideas about masculinity and femininity.
- Blaming women for men's problems or failures.
- Claiming that gender equality harms boys or men.

Starting conversations at home

Open, non-judgemental conversations are often the most effective way to help young people think critically about online content.

You could try questions such as:

- "What kind of relationship advice do people your age see online?"
- "Do you think social media gives realistic ideas about dating?"
- "Why do you think some influencers talk about 'alpha' people?"
- "What do you think makes a healthy relationship?"
- "Have you ever seen advice online that didn't feel quite right?"
- "How do you think messages like this might affect boys or girls at school?"



How girls may be affected

Girls can also be strongly impacted by this content, even if they are not the intended audience.

Possible impacts include:

- feeling judged or reduced to stereotypes about appearance, behaviour or value
- experiencing lower confidence or pressure to meet unrealistic expectations
- accepting disrespectful behaviour in relationships because it seems 'normal'
- facing increased harassment or sexist attitudes from peers influenced by this content.

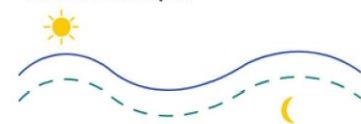


How boys may be affected

Boys are often the main target audience for these influencers.

Possible impacts include:

- believing relationships are about power rather than respect
- feeling pressure to act 'tough,' dominant or unemotional
- developing negative attitudes toward girls and women
- struggling with friendships or healthy romantic relationships.



What to do if you are concerned:

- speak calmly to your child and gauge their views on the content
- discuss them taking regular breaks from social media and balancing online and offline life
- speak to the pastoral team at school for more support.

**Parents & Carers,
you are warmly invited to our**



Coffee Meet-up

**for TGAK Ethos
Family Support**

**22nd April
10–11.30 am
at United Church,
Cooks Lane
B37 6NP**

**Come along to the
drop-in, chat, ask
questions, meet other
parents...**

...also this month:

**Angela Parker – Jones
joins us to share about
support available from
the
Family Information
Service**

**Any questions contact Helen, Ethos Family Support Worker,
here to support students and families at TGAK.**

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