



Inside Kingshurst

Year 11 Results Day Overview

The buzz in the sports hall at Tudor Grange Academy Kingshurst was tangible as its school community came together to celebrate the many successes on GCSE results day. Proud families came along to support their children and share one of the most important days on the school calendar. Equally proud and delighted staff were on hand to congratulate those who had worked so hard, and also to offer immediate support to students needing guidance for their post-16 pathway.



Emma Ivery, College Leader for Hawking College, Tudor Grange Academy Kingshurst, responsible for Year 11, said "As a former student and now a teacher here for the past two decades, I know exactly what it feels like to walk through these doors. There is real excitement with so much to celebrate. What makes me happy is to see the students who have worked hard reaping the rewards of their efforts. The strong relationships built, particularly over the past two years, pay dividends on a day like this. We know that developing mutual trust and respect with our students, but also with our families and colleagues, and across our community, is crucial when we want to keep moving the dial on better outcomes for all our young people. I think we do this really well at Kingshurst. Some quotes from our previous Yr11 cohort include:

"I'm going into Sixth Form next so I can go to uni and pursue my career. I'll be doing English literature, history and ICT A-levels. I've had a lot of support during my time here by the teachers at TGAK."
 "I was nervous to come in today but then I got my results and now I'm really happy! I'm going to do A-levels in chemistry, biology and psychology as I'd like to be a psychiatrist. I think the teachers care and they help a lot – they're nice. Me and my friends support each other, especially in exam season."

A parent of a SEND student said "I can't put into words what I feel about today. My son has gone from perceiving himself as a failure to a complete success. I have to say that is down to one of his teachers being there by his side every week, championing him every step of the way. She saw his potential and enabled him to see it too. I can't thank her or the school enough for all they have done for us."

Year 13 Results Day Overview

There was a wonderful atmosphere of celebration and pride at Tudor Grange Academy Kingshurst last Thursday as pupils, staff and families came together to recognise an excellent set of A-level and Level 3 BTEC National results. Results' day not only celebrates academic achievement but also the resilience and dedication that the pupils have shown throughout their Sixth Form journey.

College Leader for Sixth Form, Laura Ridley, commented "I am incredibly proud of our Year 13 students and the remarkable young adults they have become. Their hard work, resilience and ambition have been rewarded with excellent outcomes. This year, 73% of our students have secured places at university, significantly above the national average and a 10 percentage point increase on 2025. Importantly, every member of our Year 13 cohort is on track to progress to a positive destination. These achievements reflect not only the dedication of our students, but also the exceptional care, guidance and support that define our Sixth Form."

Some quotes from the outgoing Yr13 students include:

"Sixth Form has genuinely restored my hope for the future and helped me get to where I am now. I'm grateful for all the support from my BTEC sport teachers and the Sixth Form team."

"The Sixth Form at TGAK has helped me to become who I am today, and I am so grateful for all the support and encouragement."



National College: Supporting Children Going Back to School

The return to school after summer can be a whirlwind of emotions – a mixture of excitement, nerves, and everything in between. This guide shares ten practical tips to support children during this transition. From re-establishing routines to encouraging conversations about feelings, the Guide on [page 2](#) is designed to reduce stress and build a sense of calm.

Whether children are starting a new school, heading into a different year group, or readjusting after a long break, these strategies can help to ensure a smooth transition. From planning ahead and refreshing social connections to creating calm mornings and supporting healthy sleep habits, the guide on [page 2](#) is packed with useful advice to make the back-to-school journey more positive for the whole family. [CLICK HERE](#)

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES



Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS



Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP



Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS



Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS



Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING



Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES



Talk about the fun and interesting parts of school – seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping “How’s your day been?” for “What’s been good about your day?” This invites more of a positive, open response. Focusing on positives can help shift children’s anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL



If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER



Involve children in preparing for school – buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT



Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



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