

Gluten Free CTC Kingshurst Academy

As the catering manager here at CTC Kingshurst Academy I take the responsibility of allergies and allergens extremely seriously. To that end I wish to highlight the offer of gluten free products available to students.

Gluten free toast is available at the free breakfast club, 08:00-08:20

Bacon, bacon and cheese, sausage and cheese baps available at brunch

Hash browns

Sandwiches – various fillings, chicken, cheese, ham and tuna

Pasta king, is available Basilico and chicken Italiano

Chicken Joe's products – marinated chicken drummers, drumettes, large skewers and breast and thigh fillets in following flavours
(Tandoori, Tikka and BBQ)

Various curries (tikka, korma and madras) with boiled or fried rice

Omelette's made fresh to order (cheese, mushroom, ham)

Gluten free pizza (cheese and tomato, garlic)

Main meat and vegetarian choices on the main hotplate
(roast/braised meat, potatoes and veg)

Jacket potato (beans, cheese, tuna mayo, curry of the day)

Cheese and potato pie with beans

Cornflour Nachos with cheese and chilli beef

Gluten free cakes (chocolate, carrot cake) and snack bars

Please can I ask that you order any product you require by 08:20 on the day, so I can assure you have it at the counter you require and it is fresh.

This list can continue to grow with your help and ideas.
Come and tell me what you would like to see added to this menu.