

Packing List

PERSONAL KIT

Got it	Packed it	Item needed
		Rucksack
		Rucksack liner (or 2 strong plastic bags)
		Sleeping bag
		Sleeping mat

* Discount is on full price items only, please visit www.DofEShopping.org/reward-card for full terms

...continued

Got it	Packed it	Item needed
		Waterproof bag (e.g. for storing sleeping bag)
		Sleeping bag liner (optional)
		Survival bag
		Whistle
		Torch (handheld or head torch and spare batteries)
		Personal first aid kit
		Emergency food rations
		Water bottle (1-2 Litres)
		Knife, fork, spoon
		Small pocket knife/pocket tool
		Plate/bowl
		Mug
		Box of matches (in waterproof container)
		Wash kit/personal hygiene items (some items could be shared as a group)
		Towel
		Small quantity of money (optional)
		Notebook & pen/pencil
		Watch

Packing List

CLOTHING

Got it	Packed it	Item needed
		1 pair walking boots (broken in)
		2 pairs walking socks
		2 pairs sock liners (optional)
		2-3 t-shirts
		Thermal t-shirt (optional)
		2 fleece tops or similar
		2 walking trousers (warm, NOT jeans)
		Underwear
		Nightwear
		Flipflops/trainers/sandals etc (optional for campsite use)
		Warm hat &/or sunhat (as appropriate)
		1 pair gloves (if appropriate)
		1 pair shorts (if appropriate)
		Sunblock (if appropriate)
		Waterproof over-trousers
		Jacket/coat (waterproof & windproof)
		1 pair gaiters (optional)