

## Summer Term 2021 – recovery programme LLL

Wk commencing	Year 7	Year 8	Year 9	Year 10	Year 11
19 <sup>th</sup> April Week B	<u>RELATIONSHIPS EDUCATION</u>  <u>GROUND RULES</u>	<u>RELATIONSHIPS EDUCATION</u>  <u>GROUND RULES</u>	<u>RELATIONSHIPS EDUCATION</u>  <u>GROUND RULES</u>	<u>RELATIONSHIPS EDUCATION</u>  <u>GROUND RULES</u>	<u>SEX EDUCATION</u> Pornography and the impact this can have on relationships/ domestic abuse and mental well-being
26 <sup>th</sup> April Week A	<u>RELATIONSHIPS EDUCATION</u> To identify that there is diversity in families, but know the characteristics of a healthy family life (including marriage versus co-habiting and legal rights)	<u>RELATIONSHIPS EDUCATION</u> Why friendship is important and what the characteristics are of a good/healthy friend? On/offline	<u>RELATIONSHIPS EDUCATION</u> Different types of bullying (cyber bullying and peer on peer abuse)	<u>RELATIONSHIPS EDUCATION</u> What respect, mutual respect and tolerance means and the importance of it in society/sch community	<u>SEX EDUCATION</u> Recap – contraceptives and how to use them. Parenthood and why some people choose not to
3 <sup>rd</sup> May Week B (Bank Hol)	<u>RELATIONSHIPS EDUCATION</u> The strengths of stable family life on them, (especially through marriage but the differences in cohabitation), their mental health and the wider world	<u>RELATIONSHIPS EDUCATION</u> To understand the effects negative friendships can have mentally on their life long journey	<u>RELATIONSHIPS EDUCATION</u> The impact of bullying and Responsibilities of bystanders to report bullying	<u>RELATIONSHIPS EDUCATION</u> To identify what stereotype means, examples and how this can cause 'damage' / lead to discrimination.	<u>SEX EDUCATION</u> STIs, their impact/treatment of and their prevalence in young people
10 <sup>th</sup> May Week A	<u>RELATIONSHIPS EDUCATION</u> To identify family/parental stereotypes, their roles, successful parenting and why family/carers are important for children in terms of happiness?	<u>RELATIONSHIPS EDUCATION</u> How to recognise if friends are making them feel unhappy or unsafe, how to improve them and how to seek help or advice from others if needed	<u>RELATIONSHIPS EDUCATION</u> Managing conflict at home and the dangers of running away from home/befriending strangers online.	<u>RELATIONSHIPS EDUCATION</u> The Legal rights and responsibilities regarding equality (Equality Act 2010) Everyone is unique	<u>SEX EDUCATION</u> Reproductive Health, including fertility and the impact of lifestyle choices. Miscarriage Where to access advice on sexual health issues
17 <sup>th</sup> May Week B	<u>RELATIONSHIPS EDUCATION</u> How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. How should you balance family views on lifestyle choices?	<u>RELATIONSHIPS EDUCATION</u> To identify how to treat/ manage people you are not friends with. How to manage the rejection of friendship in a healthy way?	<u>RELATIONSHIPS EDUCATION</u> How to improve relationships and how to seek help or advice from others if needed	<u>RELATIONSHIPS EDUCATION</u> Tackling homophobia, transphobia, sexism, disability and racism. The need to challenge it and how to do it.	<u>SEX EDUCATION</u> Menopause – male and female
24 <sup>th</sup> May Week A	<u>SEX EDUCATION</u> Overview and reflection	<u>SEX EDUCATION</u> Overview and reflection	<u>SEX EDUCATION</u> Overview and reflection	<u>SEX EDUCATION</u> Overview and reflection	<u>SEX EDUCATION</u> Overview and reflection
<b>31<sup>st</sup> May</b>	<b>Half Term</b>				
7 <sup>th</sup> June Week B	<u>SEX EDUCATION</u> Why it is important to ask questions about sex and relationships	<u>SEX EDUCATION</u> Forming intimate relationships.	<u>SEX EDUCATION</u> The biological and emotional aspects of sex	<u>SEX EDUCATION</u> Healthy and unhealthy relationships (sexting) + law	
14 <sup>th</sup> June Week A	<u>SEX EDUCATION</u> Puberty and sexual development – what to expect and the emotional and physical health implications	<u>SEX EDUCATION</u> Diversity in sexual attraction	<u>SEX EDUCATION</u> Condom demonstration Other forms of contraception	<u>SEX EDUCATION</u> Controlling behaviours and how they might manifest in a relationship	

21 <sup>st</sup> June Week B	<b><u>SEX EDUCATION</u></b> Differences between various relationships and the boundaries and the boundaries between these.	<b><u>SEX EDUCATION</u></b> Strategies for identifying and managing sexual pressures young people face regarding sex (sexting)	<b><u>SEX EDUCATION</u></b> Circumstances that may lead to unprotected sex and its consequences (how alcohol and drugs can lead to risky sexual behavior)	<b><u>SEX EDUCATION</u></b> The issues of domestic abuse and how they affect boys and girls	
28 <sup>th</sup> June Week A	<b><u>SEX EDUCATION</u></b> The characteristics of a healthy one to one relationship and how not having these can impact on mental health	<b><u>SEX EDUCATION</u></b> Choices: to delay sex and enjoy the intimacy (levels of) without sex	<b><u>SEX EDUCATION</u></b> The thoughts and feelings young people have about having sex, including issues of losing virginity	<b><u>SEX EDUCATION</u></b> Issues surrounding consent + the law	
5 <sup>th</sup> July Week B	<b><u>SEX EDUCATION</u></b> Forming intimate relationships and resisting pressure/negotiating intimacy	<b><u>SEX EDUCATION</u></b> The pill and the condom – what are they?	<b><u>SEX EDUCATION</u></b> How to manage the ending of relationships	<b><u>SEX EDUCATION</u></b> How to deal with issues in relationships and what to do if someone is in an unhealthy relationships	
12 <sup>th</sup> July Week A	<b><u>SEX EDUCATION</u></b> Overview and reflection	<b><u>SEX EDUCATION</u></b> Overview and reflection	<b><u>SEX EDUCATION</u></b> Overview and reflection	<b><u>SEX EDUCATION</u></b> Overview and reflection	
19 <sup>th</sup> July (break up 21 <sup>st</sup> )	BREAK UP	ON	WED	SO NO	LLL