

## Learning Journey: Year 7 Food Technology

This first term in <b>TECHNOLOGY</b> I want to focus on	I will do this by	

## Topic 1:

- To use the cooker, oven and hob safely
- To use the bridge and claw
- To use a range of equipment
- To wash up effectively
- To be able to identify healthy guidelines
- The 4 C's and identifying kitchen hazards
- Dippy Eggs
- To be able to identify healthy guidelines

TA1 Projected Grade:

## Topic 2:

- Farm to fork
- To know how to fry, boil and grill
- To identify the basic senses and sensory terms
- Understanding sustainability and how to reduce food waste
- To be able to apply cooking methods to dishes
- Fruit Crumble

Final Projected Grade:

## Careers:

The career that interests me is ...

Subject will help me achieve this because ...

METG



Hard working Inquisitive Resilient



Respectful Responsible Aspirational