



# Sixth Sense

## Which Week?

**This Week: Monday 9th Jan (Week 1)**

*Next Week: Monday 16th Jan (Week 2)*

# BARRY THE CACTUS

## Houseplant Happiness

I'm sure that few of you need reminding that, this week is national **Houseplant Week UK 2023**! Though you may laugh, any bedroom can be enhanced through the presence of a simple houseplant.

Not only does it make a desk or windowsill look significantly better, it can provide no end of amusement to those of you who own a cat, who will immediately target it to knock on to the floor.

### Quick facts

5 easy-to-grow houseplants:

***Dracaena marginata*** (v) AGM (Madagascar dragon tree)

***Ficus elastica*** (India rubber tree, rubber plant)

***Hedera helix*** (English ivy, common ivy)

***Nephrolepis exaltata*** 'Bostoniensis' (Boston fern)

***Sansevieria trifasciata*** (mother-in-law's tongue)

Plants of course can provide an intangible benefit to

helping to **lift our mood** during the darker winter months with The Royal Horticultural Society (RHS) reporting that "research suggests that the greatest benefits of indoor plants are through **wellbeing** and **productivity improvement**." whilst also contributing to us breathing-in **cleaner air**.



## Top Three 2023 Reminders!

### Reading Re-group

Changes to reading groups has occurred for you all as of January 2023 as we shift the way that we are develop your right to read and engagement with reading. Please ensure that you are in your bespoke reading groups, where many of you will have a different classroom or indeed, a different teacher. If you confused in any way regarding this, please speak to either Mr Curran or Miss Foster.

**1.**

### Signing-Out is Essential

Most of you are SUPERB at signing out at the Student Services Office by the Main Hall. Despite you having the privilege of leaving site as of 12.30 were you not to have any further lessons that day, you must indicate that you are leaving the site through signing out. This ensures that our registers are updated.

- If you are leaving **before 3.05pm**, you **MUST** sign-out.
- If you are leaving at **the on or after 3.05pm** there is **NO REQUIREMENT** for you to sign-out.

**2.**

### Period 5 is not an Optional Lesson

Every week, I review your collective attendance. Recently I have noticed that several of you have been electing to 'slip-out' prior to the end of your day.

**The terminology I would use for this is truancy.** If you have a lesson timetabled for Period 5, you are ALL required to attend this lesson and are NOT permitted to leave site. Given the massive amount learning that you have missed over your secondary school experience, you simply cannot afford to miss this time.

**3.**



Our series of information from National Online Safety, continues on this week with a focus on staying safe on new technology and devices that you may have received over the Christmas period. Sometimes the process of setting-up these new devices opts for a route of least resistance in order to simply get on and be able to use it—this can occur at the cost of leaving some settings 'on' as a default, rather than switching them off. Other very simple actions can also help you all to remain safe and are outlined simply on the following page for consideration.

**For any feedback, please email:** (Yr12) Mr Curran: [ccurran@kingshurst.tgacademy.org.uk](mailto:ccurran@kingshurst.tgacademy.org.uk), (Yr13) Miss Foster: [jfoster@kingshurst.tgacademy.org.uk](mailto:jfoster@kingshurst.tgacademy.org.uk);

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**SHOW  
RESPECT  
TO OTHERS**

**DON'T  
CHAT WITH  
STRANGERS**

**BE HONEST  
WITH PARENTS  
& CARERS**

**ASK PERMISSION**  
*before  
downloading  
anything*

## AVOID SHARING PRIVATE PHOTOS

**Stick to trusted apps**

**TAKE NOTICE OF AGE RESTRICTIONS**



**DOUBLE CHECK  
YOUR NEWS  
SOURCES**

Don't give away  
personal  
information



**National  
Online  
Safety®**  
#WakeUpWednesday