



Safeguarding Support over the Summer Holiday

Dear Families,

With the summer holidays approaching, we would like to make you aware of support and services which are available for you to access.

In an emergency or if a child's life is in danger:

- Emergency Services: 999
- Solihull Children's Services: 9am to 5pm 0121 788 4300, out-of-hours 0121 605 6060
- Birmingham Children's Services: 9am to 5pm 0121 303 1888, out-of-hours 0121 675 4806

Other support is available from:

- SOLAR (Mental health advice and support): 0121 262 3555 or 0800 915 9292
- Kooth (Online mental health chat): kooth.com
- Solihull School Nurses: 0121 725 6754
- Health for Teens (Support for healthy eating, self-harm, alcohol & drugs, relationships, etc): 07520 615 730
- Kingfisher Foodbank: <https://kingfisher.foodbank.org.uk/get-help/how-to-get-help/>
- Childline – free, confidential advice and support for young people: 0800 1111 <https://www.childline.org.uk/>
- Holiday Activities & Food programme (If you are entitled to free school meals):
https://www.kingshurst.tgacademy.org.uk/files/2022/07/HAF_schoolposter_070722b.pdf

Further information and links for other types of support and advice for a range of issues are available on the safeguarding section of the school website, alongside several useful guides on topics such as online safety:
<https://www.kingshurst.tgacademy.org.uk/safeguarding/mental-health/resources-and-further-information/>

Kind regards,
The Safeguarding Team