

LEARNING JOURNEY

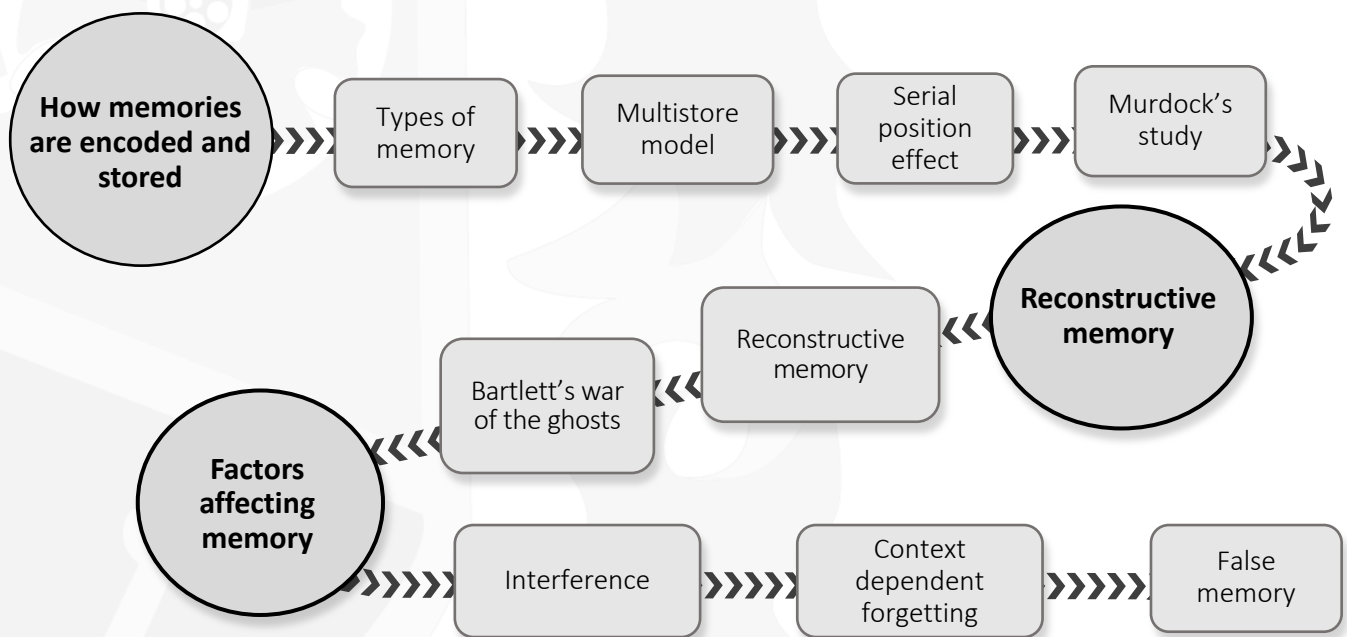
PSYCHOLOGY

THE
RIGHT
WAY **R**

Memory

Year 10

Our memories are the fundamental building blocks of who we are. You will develop an understanding of memory processes, theories and structures. This will enable you to revise, rehearse and master knowledge that will prove vital for your revision strategies for GCSE and your future academic studies more expertly. Understanding key ideas as to how memory is an active process and something that needs frequent rehearsal and alterations to ensure it is processed at the deepest level.



VOCABULARY: Episodic, coding, capacity, duration, short-term memory primacy, recency, effort after meaning.