

LEARNING JOURNEY

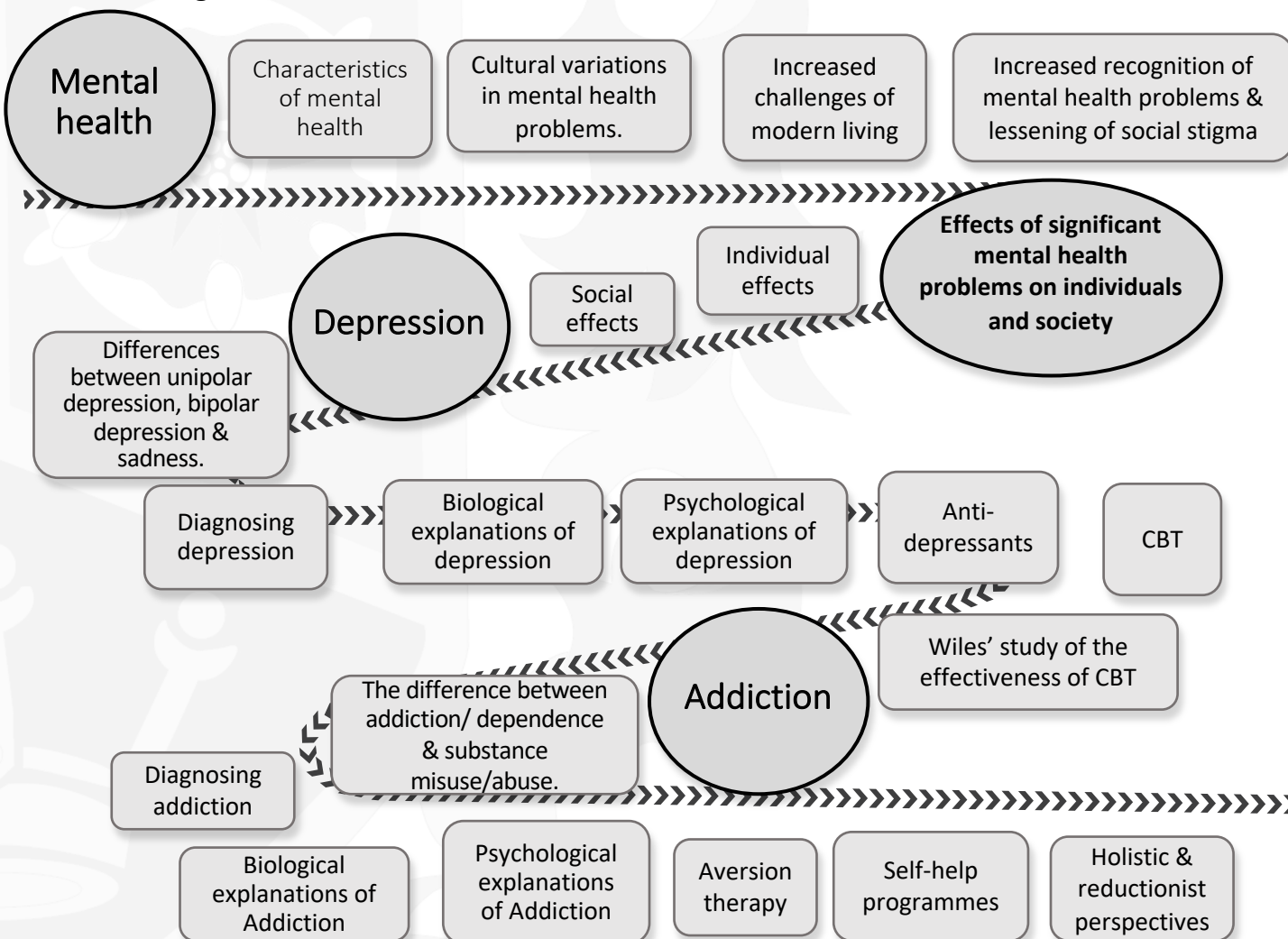
PSYCHOLOGY

THE
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Psychological problems

Year 11 spring

You will develop your understanding of wider effects of mental health illnesses and the stigma surrounding them. You will delve into the explanations and therapies of two mental health problems in depth; depression and addiction. Understanding mental health supports your resilience and allows you to better help others suffering with mental health concerns.



VOCABULARY: Society, coping, stigma, well-being, economy, low mood, serotonin, neurotransmitters, negative schemas, CBT, genetic, drugs, aversion therapy, self-help.



READY
RESPECTFUL
RESPONSIBLE